Substance Misuse
Commissioning Plans 2014

Waltham Forest Public Health
Addiction is a complex but treatable condition – going hand in hand with poor health, homelessness, family breakdown and offending.

Changes in drug use- poly drug use and alcohol

Suggested reduction in opiate use and injecting (but patterns of drug use can change quickly)

Harm reduction still important (reducing drug related deaths and blood borne viruses)

Other harm reduction also important - safeguarding, community safety, acquisitive crime, housing

Recovery agenda important - treatment services need to connect with housing, benefits, employment, training and education so that sustainable recovery can be achieved.
Waltham Forest issues

- C 1400 people in drug treatment
- Estimated 2500 heavy drinkers
- Increasing hospital admissions for alcohol
- Recent rise in presentations, especially opiate users after 6 months of treatment
- 4% of hospital admissions 2011/12 were for drug related mental health issues
- Good performance of services
- Service working well despite delivery model
Relationship between mental health and substance abuse

The term dual diagnosis covers a broad spectrum of mental health and substance misuse problems that an individual might experience concurrently. The nature of the relationship between these two conditions is complex. Possible mechanisms include:

- a primary psychiatric illness precipitating or leading to substance misuse
- substance misuse worsening or altering the course of a psychiatric illness
- intoxication and/or substance dependence leading to psychological symptoms
- substance misuse and/or withdrawal leading to psychiatric symptoms or illnesses
2013-14 review

• Health needs assessment 2013
• Service user consultation 2013
• Substance misuse service review 2013-14
• Case for change 2014
Current service providers

- CDAT
- Westminster Drugs Project
- QALB outreach
- Turning Point
- GP shared care
- Cranston City Roads
- CAB
- Single homeless project
- Intuitive rehab project
- Community pharmacy providers
- In patient detox and residential rehab
Re-commissioning Plan

• Integrated services but no preferred model
• Recovery and re-integration focus
• Focus on outcome for the individual
• WF total budget c£3.5 million
• Care pathway from prevention to treatment
• Keeping young people and families safe: transition between young people and adults; children of users; those in contact with criminal justice